

Talking tips:

Squeeze
Press
In and out
On and off
Round and
round
Rip and scrunch



It's fun to play outdoors Developing strong Fingers!

By giving your child lots of opportunities to strengthen their fingers it will help them begin to get ready for using pens and pencils.

Activities you can try:

Posting coins into boxes
Playing with finger puppets
Using tweezers and salad tongs to pick up objects.
Lacing beads and buttons
Play dough- cutting, pressing, squeezing.
Construction toys- lego, stickle bricks, blocks.
Use washing up bottles or spray bottles with water.
Windup toys and torches.
Tearing strips and rolling paper
Peg boards and fuzzy felt.
Hole punches, paper clips, treasury tags